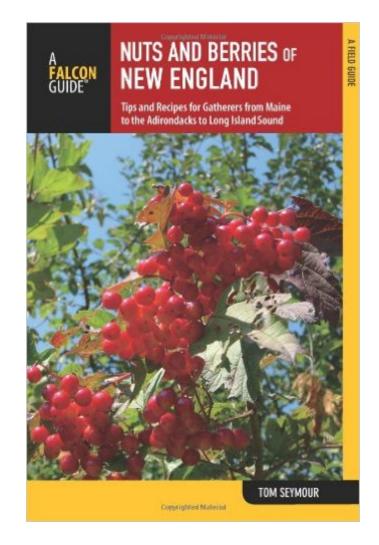
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# Nuts And Berries Of New England: Tips And Recipes For Gatherers From Maine To The Adirondacks To Long Island Sound (Nuts And Berries Series)





### Synopsis

New England's diverse geography overflows with many types of edible plants. Through the seasons, this forager's paradise offers a continually changing list of wild, harvestable treasures. Nuts and Berries of New England guides you to the edible wild foods and healthful herbs of the Northeast. This valuable reference guide will help you identify and appreciate the wild bounty of New England. Inside you'll find: detailed descriptions for 25 edible nuts and berries; tips on finding, preparing and consuming them. Use Nuts and Berries of New England as a field guide or as a delightful armchair read. No matter what you're looking for, this guide will enhance your next backpacking trip or easy stroll around the garden, and may just provide some new favorites for your dinner table.

#### **Book Information**

Series: Nuts and Berries Series Paperback: 112 pages Publisher: Falcon Guides (June 4, 2013) Language: English ISBN-10: 076278251X ISBN-13: 978-0762782512 Product Dimensions: 6.4 x 0.2 x 8.6 inches Shipping Weight: 7.8 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #489,451 in Books (See Top 100 in Books) #79 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > New England #726 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Natural Foods #796 in Books > Sports & Outdoors > Hiking & Camping > Instructional

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